

## CURRICULUM VITAE

### **Practice Location**

Address: Allergy, Asthma, Immunology & Rheumatology Institute (AAIR)  
Kristin Bussey-Smith, MD, PA  
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San Antonio, TX 78258  
Email: [kbusseysmith@gmail.com](mailto:kbusseysmith@gmail.com)  
Website: [www.AAIRMD.com](http://www.AAIRMD.com)  
Phone: 210-495-4335  
Fax: 210-615-3701

Address: WELLstyle: We Eat to Live Lifestyle Medical Nutrition Clinic and  
Lifestyle Education  
19260 Stone Oak Parkway, Suite 101  
San Antonio, TX 78258  
Email: [WeEatToLiveLifestyle@gmail.com](mailto:WeEatToLiveLifestyle@gmail.com)  
Website: [WELLstyle.net](http://WELLstyle.net)  
Phone: 210-801-1662

### **Education and Training**

- 07/06-07/07 Chief Fellow  
Immunology, Allergy and Rheumatology Section  
Baylor College of Medicine, Houston, Texas
- 07/04-06/06 Fellow  
Immunology, Allergy and Rheumatology Section  
Baylor College of Medicine, Houston, Texas
- 2005 Fundamentals of Clinical Investigation, Baylor College of Medicine
  - 2004 Graduate Course in Immunology, Baylor College of Medicine
- 07/01-06/04 Internal Medicine Residency, University of Kentucky, Lexington, Kentucky
- 2004 Best Morning Report Award
  - 2002 Team Player Award
  - 2002 Resident of the Year Award for “Exemplary Professional Attributes of an Internist.” Presented by the Kentucky Chapter of the American College of Physicians/ American Society of Medicine (ACP/ASIM)
- 1997-2001 M.D., University of Texas Health Science Center, San Antonio, Texas
- Ranked top 10% of Graduating Class
  - AOA Medical Honor Society
- 1991-1995 BSW, University of Texas School of Social Work, Austin, Texas
- Ranked 2<sup>nd</sup> in Graduating Class
  - Graduated with High Honors

**Work Experience**

- 2016-Present WELLstyle Medical Nutrition Clinic and Lifestyle Education  
Medical Director, Founder, Educator  
San Antonio, TX
- 2007-Present Allergy, Asthma, Immunology & Rheumatology Institute (AAIR)  
Physician, Owner  
San Antonio, Texas
- 2007-2013 Genesis Clinical Research Center  
Principal Investigator and Sub-investigator on various clinical trials  
San Antonio, Texas
- 1996-97 Health Program Supervisor Project SAVE and Interim Executive Director  
Community Clinic, Inc., San Antonio, Texas
- 1994-95 Social Work Intern, Family Support Program, Austin, Texas

**National Scientific Participation**

- 2007 FIT Travel Grant Award Recipient and Invited Focus Group Participant, Annual Meeting of the American College of Allergy, Asthma & Immunology, Dallas, TX
- 2007 FIT Travel Grant Award Recipient and Poster Presentation, Annual Meeting of the American Academy of Allergy, Asthma, and Immunology, San Diego, CA
- 2006 FIT Travel Grant Award Recipient and Poster Presentation, Annual Meeting of the American College of Allergy, Asthma and Immunology, Philadelphia, PA
- 2006 Chrysalis Mentor and FIT Travel Award recipient, Annual Meeting of the American Academy of Allergy Asthma and Immunology, Miami, FL
- 2005 Chrysalis Mentor and FIT Travel Award recipient, Annual Meeting of the American Academy of Allergy Asthma and Immunology, San Antonio, TX
- 2005 Annenberg Center for Health Sciences Rheumatology Fellows Connect Program, Palm Springs, CA
- 2004-Present Attendance at various AAAAI, ACAAI, and ACR meetings.

**Presentations and Teaching**

- 2017 WELLstyle Medical Nutrition Seminars  
*Eat Your Way to a Healthy Heart*  
*Benefits of a Plant Based Lifestyle*  
*Eat More Weight Less*  
*Plant Based on a Budget*  
*Batch Cooking: How to Eat Well on a Schedule*
- 2010 North Central Baptist Physician CME Noon Conference Series  
*Pulmonary Manifestations of Rheumatologic Disease*
- 2010 Pearson Education “Lunch & Learn”  
*Asthma & Allergies*
- 2007 Baylor Internal Medicine Resident Noon Conference Series  
*Ankylosing Spondylitis and Related Disorders*
- 2007 Baylor Internal Medicine Resident Lecture Series  
*Allergy and Immunology Pearls for the Internal Medicine Resident*
- 2007 AAAAI Abstract Poster Presentation  
*A Systematic Review of Randomized Control Trials Evaluating the Effectiveness of Computerized Asthma Patient Education Programs*
- 2006 ACAAI Abstract Poster Presentation  
*Systemic Lupus Erythematosus Presenting as Intestinal Pseudo-obstruction*
- 2006 Baylor Rheumatology Fellows Conference Series  
*Immunology Board Review Series Preparation*
- 2006 Baylor Allergy & Immunology Fellows Conference Series  
*Asthma Practice Parameters*
- 2006 Baylor Department of Medicine Annual Housestaff Research Symposium  
*Lupus Erythematosus Presenting as Intestinal Pseudo-obstruction*
- 2005 Baylor Allergy & Immunology Fellows Conference Series  
*Rhesus Isoimmunization, Hemolytic Disease of the Newborn and Use of Anti-Rh(D) Immunoglobulin*  
*Bruton’s X-linked Agammaglobulinemia*  
*Insulin Allergy*  
*Mastocytosis*  
*Breast Milk, Health, and Atopy*
- 2005 Texas Medical Center Rheumatology Grand Rounds  
*Lupus Erythematosus Presenting as Intestinal Pseudo-obstruction*
- 2004 Baylor Allergy & Immunology Fellows Conference Series:  
*Asthma*  
*Sinusitis*  
*Hymenoptera Hypersensitivity*
- 2004, 2005 & 2006 Rheumatic Disease Lab Practical for Baylor Medical Students

## **Research**

Participation in various clinical trials 2004-2013

Bussey HI, Bussey M, Bussey-Smith KL, Frei CR. "Evaluation of warfarin management with International Normalized Ratio self-testing and online remote monitoring and management plus low-dose vitamin K with genomic considerations; A pilot study." *Pharmacotherapy* 2013; 33(11):1136-1146.

Meyer S, Frei CR, Daniels KR, Forcade NA, Bussey M, Bussey-Smith KL, Bussey HI. "Impact of a new method of warfarin management on patient satisfaction, time, and cost." *Pharmacotherapy* 2013; 33(11):1147-1155.

Bussey HI, Walker MB, Bussey-Smith KL, Frei CR. "Superior Oral Anticoagulation Management with Self-Testing and Automated Online Management; An Interim Analysis." American Heart Association Conference on Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke in 2010. Washington, DC, May 21, 2010

Forcade NA, Frei CR, Walker MB, Bussey-Smith KL, Daniels KR, Bussey HI. "INR Self-Testing in Warfarin Anticoagulation Improves Patient Satisfaction and Clinic Efficiency while Reducing Patient Costs." American Heart Association Conference on Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke in 2010, Washington, DC, May 20, 2010.

Bussey-Smith, KL, DM Marcus. "Systemic Lupus Erythematosus Presenting as Intestinal Pseudo-obstruction." *Ann Allergy Asthma Immunol.* 2007 Jan; 98(1): Supplement 1: A35

Bussey-Smith, KL, RD Rossen. "A Systematic Review of Randomized Control Trials Evaluating the Effectiveness of Interactive Computerized Asthma Patient Education Programs." *J Allergy Clin Immunol.* 2007 Jan; 119(1): S208. (abstract)

Bussey-Smith, K., RD Rossen; "A Systematic Review of Randomized Control Trials Evaluating the Effectiveness of Interactive Computerized Asthma Patient Education Programs. *Ann Allergy Asthma Immunology.*" 2007; 98:507-516.

## **Volunteer Service**

2016-Present Scholars and Athletes Serving Others  
2008-2017 Bob Beard Elementary  
2015-2016 Community Bible Church Youth Camp Counselor  
2000 Planned Parenthood, San Antonio, Texas  
1995 University of Texas Health Science Center, San Antonio, Texas  
1995 John Peter Smith Hospital, Fort Worth, Texas  
1993 University Hospital Emergency Department, San Antonio, Texas  
1992 Battered Women's Center, Austin, Texas  
1991 Austin State Hospital, Austin, Texas

### **Honors and Awards**

- 2017 S.A. Doctors and Dentist Best of 2017 San Antonio Scene
- 2016 S.A. Doctors and Dentist Best of 2016 San Antonio Scene
- 2016 Texas Super Doctors 2016 (Texas Monthly)
- 2015 Texas Super Doctors 2015 (Texas Monthly)
- 2014 Texas Rising Stars 2014 (Texas Monthly)
- 2013 Texas Rising Stars 2013 (Texas Monthly)
- 2012 Texas Rising Stars 2012 (Texas Monthly)
- 2007 Chief Fellow Immunology Allergy and Rheumatology Section
- 2004 Chief Residents' Award "Outstanding Morning Report"
- 2002 Resident of the Year Award for "Exemplary Professional Attributes of an Internist"  
Presented by the Kentucky Chapter of the American College of Physicians/  
American Society of Medicine (ACP/ASIM)
- 2002 Chief Residents' Award Intern "Team Player"
- 2001 Alpha Omega Alpha Honor Medical Society
- 2001 American Medical Women's Association, Inc. Janet M. Glasgow Memorial  
Achievement Citation.
- 2000 W R Hearst Minority Scholarship
- 1995 Salutatorian: Graduating class of 1995; University of Texas School of Social Work
- 1994 Two Time College Scholar; Honors Day Convocation; Austin, Texas
- 1994 PHI KAPPA PHI Honor Society
- 1994 School of Social Work faculty nominee for the Unrestricted Endowed Presidential  
Scholarship
- 1993 Golden Key National Honor Society
- 1992 National Dean's List, 15th edition, Who's Who Among National College Students

### **Licensure and Certifications**

- Texas License Number M5080
- Kentucky Training Permit License #R0225 (inactive status July 2004)
- American Board of Internal Medicine (2004-2024)
- American Board of Allergy and Immunology (2007-2017)
- Board Certification in Rheumatology (2010-2020)
- Basic Life Support (recertified 2016)

### **Memberships**

- American Academy of Allergy, Asthma and Immunology
- American College of Allergy, Asthma and Immunology
- Texas Medical Association
- Bexar County Medical Society

### **Other Interests**

Spending time with family, hiking, cycling, swimming, singing, gardening & plant based cooking.